

# COOKING UP CHANGE®

Students Transforming the Future of School Food

## Students are re-writing the recipe for school food

**Cooking up Change®** a healthy cooking contest

**Date:** March 8, 2012

**Time:** 6 pm to 9 pm

**Where:** Northgate Corporate Headquarters, 1201 Magnolia Ave., Anaheim, CA 92801

**Benefiting:** Kid Healthy programs that focus on childhood obesity prevention and education in Southern California.

**Ticket Cost:** \$100 per individual

**Who:** Northgate Gonzalez Markets and Kid Healthy are teaming up to present the inaugural Cooking up Change® Benefit + Cooking contest in Southern California. With the help of some dedicated students in Santa Ana's High School Inc. Academies at Valley High School's culinary arts program, school lunch menus will be transformed into culinary masterpieces. In 2013 this event will expand to include students from Orange County, Los Angeles and San Diego Counties.

**What:** In our Cooking up Change® challenge, students will create a great tasting nutritious lunch using only ingredients commonly available in school food service. The program combines the sizzle of culinary competition with the celebration of student talent. Guests will have an opportunity to sample healthy culinary creations, mingle with the chefs of tomorrow and learn about local and national efforts to reinvent school food. A silent auction, tasting stations and an exciting awards ceremony add to what we hope is an inspiring, one of a kind experience.

Students on the winning team will each receive prizes including: a \$1,000 scholarship to Orange Coast College's Culinary School, their meal featured in Northgate Markets Cocina Department and a trip to Washington, DC. In Washington they will compete against other regional winners at the U.S. Department of Education. Winning meals will be spotlighted to raise awareness of the ongoing need for resources and standards that support healthy school food.



### Contact Information

For questions about the contest,

Contact Kid Healthy

**Jackie Teichmann**

Executive Director

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This event is part of Healthy Schools Campaign's National Cooking up Change® Series.