



KID HEALTHY

Walk-A-Thon & Celebration

Calling All KID HEALTHY Participants!

Come to the KID HEALTHY Celebration on Saturday, April 25 and

- Participate in a Mini Walk-A-Thon
- Get Prizes, Give-Aways, and Healthy Snacks
- Get a Free Goody Bag for being a KID HEALTHY Participant

Parents:

- Sign you or your child up for FREE Pilates, salsa dancing or exercise classes
- See Healthy Cooking Demonstrations
- Families of the first 50 KID HEALTHY participants get a FREE Weight Watchers® Cookbook

When: Saturday, April 25, 2009
10:00 a.m.-12:00 p.m

Where: Plaza Mexico
L.A. Care's Family Resource Center
3180 Imperial Hwy
Lynwood, CA 90262
Parking is FREE

For a Healthy Life